

During the school closure, Greater Lowell Counselors will be available by email for your concerns and questions during regular school hours. However, please know that a response may not be immediate and if you are in crisis and need to be evaluated please contact:

Lahey Crisis Services:

[Lahey Crisis Information](#)

Phone:1-800-830-5177 and 978-455-3397

1230 Bridge Street, Lowell, MA 01850

Additional Food Assistance:

If you are having difficulties getting to your local pantry counselors at Project Bread's FoodSource Hotline at 1-800-645-8333 are available to connect you to food resources. The Hotline will continue to operate Monday-Friday, 8am-7pm and Saturdays 10am-2pm, and can provide information in 160 languages through our Language Line. Promote this as needed.

Shelter:

The shelter system is still up and running . Local Office are closed are closed Monday and Tuesday this week (3/16 and 3/17). However, shelter applications can and should be done by phone at 1-866-584-0653.

Students who live independently and need housing assistance should contact:

Community Teamwork

Amanda Mallardo, MSW Director of Homeless Youth Services Amallardo@commteam.org

155 Merrimack Street, Lowell, MA 01852

(978)-654-5801

For some students, this may be a stressful time out of their routine and with the information in the news. To help support Greater Lowell Families and the community we are offering these additional resources and information to help discuss concerns with your student. Again, counselors are available via email for support throughout the closure.

How to Talk to Children about the Coronavirus:

<https://www.health.harvard.edu/blog/how-to-talk-to-children-about-the-coronavirus-2020030719111>

Talking to Teen/Tweens about Coronavirus:

<https://www.nytimes.com/2020/03/02/well/family/coronavirus-teenagers-anxiety.html>

**Here is a pamphlet from the article:

https://www.hemot.eu/wp-content/uploads/2020/02/Pamphlet_HEMOT_english.pdf

A Comic created from NPR based on interviews with experts:

<https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus>

The NASP released a resource for parents:

[https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-\(coronavirus\)-a-parent-resource](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/talking-to-children-about-covid-19-(coronavirus)-a-parent-resource)